Form Approved OMB No. 0938-0357

| HOME HEALTH CARE CERTIFICATION AND PLAN OF CARE | | | | | | | |
|--|--|-------------------------|---|--|---------------------------|--|--|
| 1. Patient H1 Claim No. | 2. Start of Care Date | Certification Period | d | 4. Medical Record No. | 5. Provider No. | | |
| | 02/20/2016 | From: 02/20/2016 | Through: 04/19/2016 | | | | |
| 6. Patient's Name and A | ddress | | 7. Provider's Name, | Address and Telephone Num | nher | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| 8. Date of Birth | | 9. Sex M X F | 10. Medications: Dose/Frequency/Route (N)ew (C)hanged | | | | |
| 11. ICD Code Princi | 0. CCAM =_1 | | | Dilaudid 2 milligrams By Mouth O 4 - 6 hr PRN | | | |
| | Aftercare following jo | | Lovenox 40 milligrams Subcutaneous daily metoprolol 25 milligrams By Mouth daily | | | | |
| 12. ICD Code Surgi | cal Procedure | Date | Norvasc 5 milligrams By Mouth daily | | | | |
| | | | potassium chloride 20 milliequivalent(s) By Mouth | | | | |
| 13. ICD Code Other R26.9 (0) | Pertinent Diagnoses Inspecified abnormali | Date 02/20/2016 | Xanax 0.5 milligrams By Mouth daily PRN | | | | |
| 101 | ait and mobility Presence of right | | | | | | |
| 201002 | ficial knee joint | 02/20/2016 | | | | | |
| | | | | | | | |
| 14. DME and Supplies Gloves - Non-Ste | rile, Cane, Walker, 4 | x4 tape | 15. Safety Measures Ambulation Precautions, Bath Tub Safety Bars, Bleeding Precautions, Keep Pathways Clear, Standard | | | | |
| | | | | | | | |
| 16. Nutritional Req. 2 g | m Na Diet | | 17. Allergies: Bactr | im : unknown ; Latex : | unknown ; | | |
| 18.A. Functional Limitati | | | 18.B. Activities Permitted | | | | |
| Endurance; Ambul | acton | | Up As Tolerate | ed; Cane; Walker | | | |
| The state of the s | | | | | | | |
| 19. Mental Status: Orie | nted | | | | | | |
| 20. Prognosis: Good | | | | | | | |
| 21. Orders for Discipline | and Treatments (Specify An | nount/Frequency/Duratio | n) | | | | |
| Skilled Nursing wk 1 wk ; | 1 wk 1 wk ; 3 wk 1 w | k; 2 wk 1 wk; 1 | areas daily. | | _ | | |
| Beginning during week of 02/20/2016 | | | SN: Assess pain including: pain level, frequency, location, quality, precipitating factors, and side | | | | |
| Skilled Nursing to Assess and Evaluate and treat per | | | effects. | | | | |
| MD protocol. PT/INR per protocol with results to | | | SN: Teach measures to prevent/minimize skin breakdown. SN: Teach s/s of infection. | | | | |
| 312.926.7956. Wound care per MD protocol A copy | | | SN: Assess for signs/symptoms of dehydration. | | | | |
| of this discharge summary will be available to the physician upon request by contacting | | | causative and contributing factors. SN: Teach importance of adequate fluid intake. | | | | |
| | | | SN: Assess risk factors for skin breakdown/healing/infe | | | | |
| 02/19/2016 through 02/22/2016 SN: Assess patient and caregiver's current knowledge | | | ction. SN: Assess for musculoskeletal deficits that may | | | | |
| of Hypertension disease process including risk | | | increase potential of falling. | | | | |
| factors, prognosis, symptoms, treatment, and complications. | | | SN: Teach/reinforce anticoagulant therapy, s/s bleeding tendencies to report. | | | | |
| SN: Assess current pain management regimen including: | | | SN: Teach pain management and comfort measures. | | | | |
| effectiveness, relief measures, and side effects. SN: Teach importance and how to assess pressure | | | SN: Assess respiratory status including rate, pattern, secretions, and lung sounds. | | | | |
| pattern, secretions, and rung sounds. | | | | | | | |
| 22. Goals/Rehabilitation Potential/Discharge Plans PT: Patient will increase strength as evidenced by improvement in the following functional abilities/activities: | | | | | | | |
| ability to altern | nate LE's up / down s | tairs; Target Date | : 3/12/2016 | | 734 | | |
| PT: Patient will be a safe community ambulator as evidenced by gait velocity/walking speed >/= 1.0m/second; Target Date: 3/12/2016 | | | | | | | |
| PT: Patient will improve range of motion as evidenced by stated improvement in the following functional | | | | | | | |
| activities (spec | fy): ability to ride | recumbent bike; To | arget Date: 3/12, | /2016 | 55 XX-5204250 | | |
| 23. Nurse's Signature an | d Date of Verbal SOC When | e Applicable: | | 25. Date HH | A Received Signed POT | | |
| Electronically si | gned by | RN 02/2 | 0/2016 | | | | |
| 24. Physician's Name an | d Address | | 26. I certify that this | patient is confined to her hom | e and needs intermittent | | |
| MD must sign | | | to need occupati | skilled nursing care, physical therapy and/or speech therapy or continues to need occupational therapy. The patient is under my care, and I have | | | |
| | | | authorized the services on this plan of care and will periodically review the | | | | |
| | · · · · · · · · · · · · · · · · · · · | | plan. | | | | |
| 27. Attending Physician's | Signature and Date Signed | | 28. Anyone who miss | represents, falsifies, or concea nent of Federal funds may be | als essential information | | |
| | | | imprisonment, or | civil penalty under applicable | Federal laws. | | |
| | | | | | 40.000 | | |

Form Approved OMB No. 0938-0357

Form HCFA-487 (C-R) (02/94) (Print Aligned)

ADDENDUM TO:

X PLAN OF CARE

MEDICAL UPDATE

| 1. Patient H1 | Claim No. | Start of Care Date | Certification Period | d | Medical Record No. | 5. Provider No. | | |
|--------------------------------------|--|---|--|--|--|---|--|--|
| | | 02/20/2016 | From:02/20/2016 | Through04/19/2016 | | | | |
| 6. Patient's Name 7. Provider's Name | | | | | | | | |
| | | Certification | | | | | | |
| 8. Item No. | | Period | | | | | | |
| 11. | Principal | l Diagnosis code: Z4 | 7.1 (O) Aftercare | following joint | replacement surgery | | | |
| | Onset Dat | ce: 2/20/2016 | | | | | | |
| 13. | Other Dia | agnosis Code: M17.11 | (O) Unilateral p | rimary osteoarthr | citis` right knee | | | |
| | Onset Dat | te: 02/20/2016 | | | | | | |
| | Other Dia | agnosis Code: Z79.01 | (O) Long term (c | current) use of ar | nticoaculants | | | |
| | Onset Dat | ce: 02/20/2016 | SNOOT STOCKED ME HOLINOTEN DE 1970 | , | rerecagaranes | | | |
| | Other Die | ' C-3- T10 // | | The second secon | | | | |
| | | agnosis Code: I10 (0 ce: 02/20/2016 | 3) Essential (prim | ary) hypertension | 1 | | | |
| 15. | | ons, Transfer Precaut | tions | | | | | |
| 17. | penicilli | in G sodium : unknown | n | | | | | |
| 21. | SN: Asses | ss for signs/symptoms | s of bleeding. | | | | | |
| | SN: Teach | n patient/caregiver n | regarding medication | ons and medication | on management. To include diuretics, ar | errario 🕯 - Organizacione da propriata e 🛊 Organiza | | |
| | agents, a | antilipemic medication | ons, potassium rer | lacement, and vas | io include diuretics, ar addilators | ntihypertensive | | |
| | SN: Press | sure relief devices: | | | | | | |
| | SN: Monit | or vital signs inclu | uding: blood press | ure, and apical a | and radial pulses. | | | |
| | | n disease process and dm lovenox 40 mg qd. | | skin breakdown. | | | | |
| | | | | mlation medicatio | ons, including: dosages, | actions/side | | |
| | effects, | possible interaction | ns. | | mb, including, accorded, | , accions/side | | |
| l l | SN: Asses | ss for history of fal | lls and/or injury. | | | | | |
| | SN: Teach | n management of moist ss skin integrity and | ture; keep skin cl | ean and dry. | | | | |
| | SN: Asses | s compliance with Hy | ypertension treatm | ment regimen. | | | | |
| | SN: Instr | ruct patient/caregive | er on safety aware | ness and safety m | neasures. | | | |
| | SN: Asses | s for s/s of infecti | ion. | | | | | |
| | SN: Asses | ss for skin excoriations for skin excoriations for skin excoriations. | ion, breakdown, ir | iction, shearing, | or pressure areas. | | | |
| | SN: Teach | regarding Hypertens | sion disease proce | ss including risk | factors, prognosis, sy | mntoma | | |
| | treatment | ., and complications. | | | . recent, brognosts, si | mpcoms, | | |
| | | s/s of infection ar | | ā. | | | | |
| | The state of the s | s patient's risk for s incision. | c falls. | | | | | |
| | SN: Instr | uct patient/caregive | er on home environ | mental safety to | include: safety interve | entions | | |
| | environme | ntal modifications, | and emergency pla | n. | | .iic i Oilo , | | |
| | Physical | mhananir 2 tile 2 tile . | | | | | | |
| | | Therapy 3 wk 3 wk; ing during week of (| | | | | | |
| | Physical | Therapy to Assess ar | nd Evaluate and t | reat per MD proto | ocol. | | | |
| | 02/19/ | 2016 through 02/22/2 | 2016 | | | | | |
| | | e strengthening exer lish/upgrade home ex | | | | | | |
| | PT: Gait | | reicise program ro | r strengthening. | | | | |
| | PT: Thera | peutic exercise - im | npaired ROM. | | | | | |
| 1 | | lish/Upgrade home ma | intenance program | A. | - | | | |
| | PT: Assess gait. PT: Assess/Re-Assess Joint Range of Motion. | | | | | | | |
| | PT: Asses | s/reassess muscle st | rength: lower ext | remities. | | | | |
| 1 | | | | | | | | |
| 1 | r knee drsg change daily per pt req 4x4 tape | | | | | | | |
| ł | Start Date: 02/20/2016 rn notify md temp greater 100.5 less 96 resp greater 24 less12 pulse greater 100 less 60 bp greater | | | | | | | |
| | in Notify and temp greater 100.3 less 30 lesp greater 24 less12 pulse greater 100 less 60 bp greater | | | | | | | |
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| | | | | | | | | |
| 9. Signature of | of Physician | 4 | | | | 10. Date | | |
| | | | | | | 10. 20.0 | | |
| 11 Optional I | Name / Signa | ture of Nurse / Therapist A | and Verbal SOC Date | | | 40.5. | | |
| | | | ind verbar 500 Date | | | 12. Date | | |
| Electronic | ally signe | ed by | 02/20 | 0/2016 | | 3/2/2016 | | |

Sample 485

Form Approved OMB No. 0938-0357

Department of Health and Human Services Health Care Financing Administration Form HCFA-487 (C-R) (02/94) (Print Aligned)

ADDENDUM TO:

X PLAN OF CARE

__ MEDICAL UPDATE

| Patient H1 Claim No. | | Start of Care Date | Certification Period | | 4. Medical Record No. | 5. Provider No. | | |
|--|---|--|-----------------------------------|--------------------|--|-------------------|--|--|
| | | 02/20/2016 | From:02/20/2016 Through04/19/2016 | | | | | |
| 6. Patient's N | 6. Patient's Name | | | 7. Provider's Name | | | | |
| | | | | | | | | |
| 8. Item No. | | | | | | | | |
| 21. | 160/80 1 | ess 90/60 | | | | | | |
| | Start | Date: 02/20/2016 | | | | | | |
| | | | | | | | | |
| 22. | SN: Pati | ent/caregiver will ve | rhalize understan | ding of pair mana | gement regimen; Target | | | |
| | SN: Pt. | can demonstrate techn | iques to promote | wound healing: Ta | rget Date: 4/15/2016 | | | |
| | SN: Pation | ent /caregiver will b | e compliant with | removal of safety | hazards from patient's | residence | | |
| | reducing the risk of falls/injury; Target Date: 3/25/2016 SN: Skin integrity will be maintained and problems managed as disease process will allow; Target Date: | | | | | | | |
| | 3/18/2010 | 6 | | | | | | |
| | SN: Pt. | can demonstrate techn | iques to promote | healing of incisi | on; Target Date: 3/25/2 | .016 | | |
| | SN: Patie | ent /caregiver will v | erbalize understa | nding of falls/in | jury prevention and ho | ome safety | | |
| | SN: Patie | ; Target Date: 3/25/2 ent/caregiver will ve | 016 rhalize understan | dina /demonstrato | compliance w/anticoagu | 5 7 7 | | |
| | larget Da | ate: 3/25/2016 | | | | | | |
| | SN: Patie | ent/caregiver will ve | rbalize understan | ding of s/s of bl | eeding and what to repo | rt to RN/MD; | | |
| | Target Da | ate: 3/25/2016 | | | | | | |
| | SN: Patie | ent/caregiver will ve | rbalize understan | ding of anticoagu | n skin integrity; Targe lant precautions and si | t Date: 3/25/2016 | | |
| | Target Da | ate: 3/25/2016 | | | | | | |
| | SN: Pation Date: 3/2 | ent will demonstrate | understanding of | appropriate use o | f meds for pain managem | ent; Target | | |
| | | cential: Good | | | | | | |
| | Discharge | e Plans: Return to in | dependent level o | f care | | | | |
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| 9. Signature o | 9. Signature of Physician | | | | | | | |
| 10. Date | | | | | | 10. Date | | |
| 11. Optional N | lame / Signa | ture of Nurse / Theranist An | nd Verbal SOC Date | | | 40.5 | | |
| 11. Optional Name / Signature of Nurse / Therapist And Verbal SOC Date | | | | | 12. Date | | | |
| Electronically signed by RN 02/20/2016 | | | | | 3/2/2016 | | | |